

How to Pray the Rosary

Determine Which Set of Mysteries You Will Pray

The Joyful Mysteries:

Pray on Mondays and Saturdays

- 1st: The Annunciation
- 2nd: The Visitation
- 3rd: The Nativity of Our Lord
- 4th: The Presentation of Jesus in the Temple
- 5th: The Finding of Jesus in the Temple

The Glorious Mysteries:

Pray on Wednesdays and Sundays

- 1st: The Resurrection of Our Lord
- 2nd: The Ascension of Our Lord
- 3rd: The Descent of the Holy Spirit
- 4th: The Assumption of Mary into Heaven
- 5th: The Crowning of Our Lady Queen of Heaven

The Sorrowful Mysteries:

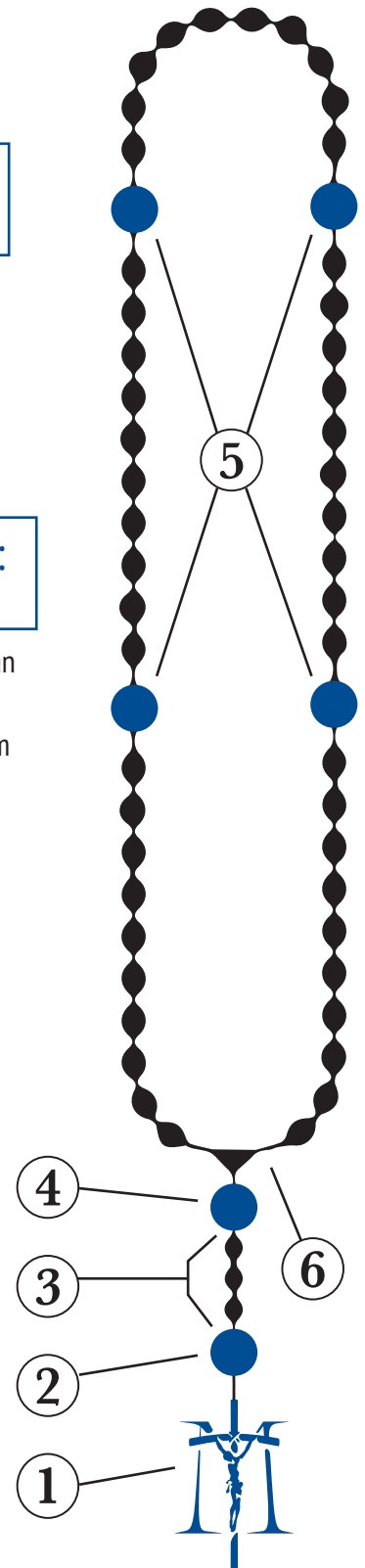
Pray on Tuesdays and Fridays

- 1st: The Agony in the Garden
- 2nd: The Scouring at the Pillar
- 3rd: The Crowning with Thorns
- 4th: The Carrying of the Cross
- 5th: The Crucifixion

The Luminous Mysteries:

Pray on Thursdays

- 1st: The Baptism of Christ in the Jordan
- 2nd: The Wedding Feast at Cana
- 3rd: The Proclamation of the Kingdom
- 4th: The Transfiguration
- 5th: The Institution of the Eucharist



Pray the Rosary

- 1 Make the Sign of the Cross and Pray the Apostles Creed.
- 2 Pray the Our Father.
- 3 Pray three Hail Marys for an increase in the virtues of faith, hope, and charity, followed by a Glory Be and Fatima Prayer.
- 4 Meditate on the First Mystery, praying the Our Father and ten Hail Marys using the 10 beads. Conclude the decade with the Glory Be and Fatima Prayer.
- 5 Repeat step 4 for each of the 5 mysteries of the Rosary.
- 6 Recite the concluding prayers, Hail Holy Queen and The Rosary Prayer, after praying the 5th mystery.

Prayers of the Rosary

The Apostles Creed

I believe in God, the Father almighty, Creator of heaven and earth. I believe in Jesus Christ, His only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day He rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the Holy Catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and life everlasting. Amen.

Decade

Our Father

Our Father, who art in heaven, hallowed be Thy name. Thy kingdom come; Thy will be done on earth as it is in heaven. Give us this day our daily bread; and forgive us our trespasses as we forgive those who trespass against us; and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary x10

Hail Mary, full of grace, the Lord is with thee; blessed art thou among women, and blessed is the fruit of thy womb, Jesus. Holy Mary, Mother of God, pray for us sinners now and at the hour of our death. Amen.

Glory Be

Glory be to the Father, and to the Son, and to the Holy Spirit; as it was in the beginning, is now, and ever shall be, world without end. Amen.

Fatima Prayer

O my Jesus, forgive us our sins, save us from the fires of hell, and lead all souls to heaven, especially those most in need of Thy mercy.

Hail Holy Queen

Hail, holy Queen, mother of mercy, our life, our sweetness, and our hope. To thee do we cry, poor banished children of Eve; to thee do we send up our sighs, mourning and weeping in this valley of tears. Turn, then, most gracious advocate, thine eyes of mercy toward us; and after this, our exile, show unto us the blessed fruit of thy womb, Jesus. O clement, O loving, O sweet Virgin Mary.

V. Pray for us, O holy Mother of God.

R. That we may be made worthy of the promises of Christ.

The Rosary Prayer

O God, whose only begotten Son, by His life, death, and resurrection has purchased for us the rewards of eternal life, grant, we beseech Thee, that meditating upon these mysteries of the most Holy Rosary of the Blessed Virgin Mary, we may imitate what they contain, and obtain what they promise, through the same Christ our Lord. Amen.