

The Hinge of the Hail Mary

“The Rosary...at heart is a Christocentric prayer [which] has all the depth of the Gospel message in its entirety ... The center of gravity in the Hail Mary, the hinge which joins its two parts, is the name of Jesus ... It is precisely the emphasis given to the name of Jesus and to his mystery that is the sign of a meaningful and fruitful Rosary ... The contemplation of Christ has an incomparable model in Mary. With the Rosary, the soul sits at the school of Mary and is led to contemplate the beauty on the face of Christ and to experience the depths of his love” (Pope St. John Paul II).

There exists a “custom in certain regions of highlighting the name of Christ by the addition of a clause referring to the mystery being contemplated ... This is a praiseworthy custom, especially during public recitation. It gives forceful expression to our faith in Christ, directed to the different moments of the Redeemer’s life. It is at once a profession of faith and an aid in concentrating our meditation, since it facilitates the process of assimilation to the mystery of Christ inherent in the repetition of the Hail Mary” (St. John Paul II, Rosarium Virginis Mariae).

The Joyful Mysteries

- 1st The Annunciation: *Jesus, Incarnate*
- 2nd The Visitation: *Jesus, Sanctifying*
- 3rd The Birth of Jesus: *Jesus, The Joy of the World*
- 4th The Presentation: *Jesus, My Salvation*
- 5th The Finding in the Temple: *Jesus, In His Father’s House*

The Luminous Mysteries

- 1st The Baptism in the Jordan: *Jesus, Baptized*
- 2nd The Wedding Feast of Cana: *Jesus, Performing Miracles*
- 3rd The Proclamation of the Kingdom: *Jesus, Proclaiming the Kingdom*
- 4th The Transfiguration: *Jesus, Transfigured*
- 5th The Institution of the Eucharist: *Jesus, The Bread of Life*

The Sorrowful Mysteries

- 1st The Agony in the Garden: *Jesus, In His Agony*
- 2nd The Scourging at the Pillar: *Jesus, Scourged*
- 3rd The Crowning with Thorns: *Jesus, Crowned with Thorns*
- 4th The Carrying of the Cross: *Jesus, Carrying His Cross*
- 5th The Crucifixion: *Jesus, Crucified*

The Glorious Mysteries

- 1st The Resurrection: *Jesus, Risen*
- 2nd The Ascension: *Jesus, Ascending*
- 3rd The Descent of the Holy Spirit: *Jesus, Sending His Spirit*
- 4th The Assumption: *Jesus, Assuming His Mother*
- 5th The Crowning of Mary Queen of Heaven: *Jesus, Crowning the Queen*

