



# REDISCOVER THE POWER

## Episode 1

### Summary

We live in a time of unprecedented evil. Therefore, an overflowing of grace is being generously poured out. The call to pray is urgent. St. John Paul II testified that when Christianity itself seemed under threat, its deliverance was attributed to the power of the Rosary. He appealed to the faithful to rediscover the power of the Rosary in light of Scripture, calling it a Christo-centric prayer that emphasizes the life of Jesus and the mysteries of his life. Discover the awesome power of just one Hail Mary and be inspired with an explosion of faith that can move mountains!

### Scripture

"If my people who are called by my name humble themselves, and pray and seek my face, and turn from their wicked ways, then I will hear from heaven, and will forgive their sin and heal their land." - **2 Chronicles 7:14**

"He was praying in a certain place, one of his disciples said to him, "Lord, teach us to pray" - **Luke 11:1**

### Quotes

"It is precisely the emphasis given to the name of Jesus and to his mystery that is the sign of a meaningful and fruitful recitation of the Rosary"

- **Pope St. John Paul II**

"The decades of the Rosary are like the belt of a machine gun: every bead is a shot, every affection of the soul is as an explosion of faith that frightens off Satan, and Mary once more crushes his head"

- **Servant of God, Dolindo Ruotolo**

"There is no problem no matter how difficult it is; physical or above all spiritual in the personal lives of each of us, of our families that cannot be solved by the Rosary."

- **Sr. Lucia of Fatima**

### Discussion Questions

1. Wherever you are in the spiritual life, Jesus Christ wants to encounter you right there and take you further. What is your prayer life like today? Do you desire to grow in your life of faith and prayer?
2. What has your experience with the Rosary been like? Do you have a hard time focusing on Jesus and the mystery? What do you think of St. John Paul II's "praiseworthy practice" to add a short phrase after the name of Jesus? Have you ever tried it?
3. Where did the Holy Spirit move most profoundly in your heart during this episode?

### Resolution

If the Christian life is distinguished above all in the art of prayer, it is paramount that we take some time to evaluate and develop our prayer life. Grace indeed builds upon nature. Build your prayer life by first determining what time you will wake up and what time you will go to bed. Next, determine your meal time. Finally, make a plan for when you will commune with God in prayer. When will he become your daily bread?

