1. Encourage family members to go to monthly Confession.
2. Consciously work to maximize time with your family.
3. Consciously work to have a joyful disposition/attitude at home, and laugh and have fun every day.
4. Have your house blessed and consecrate your home to the Sacred Heart of Jesus or to the Holy Family.
5. Teach your children to pray the Rosary and Divine Mercy Chaplet.
6. Ask forgiveness from your family for the times you have hurt them.
7. Forgive your family for anything they have done to offend you.
8. Perform a kind act and make a sacrifice for each member of your family every week.
9. Place a Holy Water dish at every entrance to your home and a Crucifix or holy image in every room in your house.
10. Significantly reduce consumption of all media and endeavor to keep all evil outside of your home.

*The Spiritual and Corporal Works of Mercy are actions we can perform that extend God’s compassion and mercy to those in need. The Spiritual Works of Mercy are acts of compassion by which we help our neighbors with their emotional and spiritual needs. The Corporal Works of Mercy are these kind acts by which we help our neighbors with their material and physical needs.*

To learn more about the Works of Mercy, visit www.usccb.org.

**The Spiritual Works of Mercy**
- Counsel the doubtful
- Instruct the ignorant
- Admonish sinners
- Comfort the sorrowful
- Forgive injuries
- Bear wrongs patiently
- Pray for the living and the dead

**The Corporal Works of Mercy**
- Feed the hungry
- Give drink to the thirsty
- Give alms to the poor
- Shelter the homeless
- Visit the sick
- Visit the prisoners
- Bury the dead