

WOMAN IN LOVE

Mother Daughter Retreat

“As daughters, we naturally look to our mothers to learn what it means to be a woman and also what it means to be beautiful. My mom assured me that she believed I could be pure, that I could be holy, and that I was beautiful.”

- Shannon K.

“I am looking forward to on-going talks with my daughters, not dreading them or wondering what to do or say.”

- Rhonda K.

Shepherding young women on the path of purity, sexuality and chastity is a sacred trust of parents. Mothers, especially, yearn for effective strategies and answers.

The WOMAN IN LOVE *Mother Daughter Retreat* is designed to help mothers to deliver God's remarkable good news about sexuality to their daughters. Katie Hartfiel leads mothers and daughters (grades 8-12) on this remarkable journey that weaves engaging talks with powerful prayer and extraordinary fun to create an experience of a lifetime. This one-night experience uniquely supports church, school or home use.

The retreat is perfect as a retreat at the parish, a school or even a personal basement. Paradisus Dei provides all of the materials you need, including a DVD set and a leader's guide. These materials help guide the leader through presentations, discussions and activities.

In the DVDs, Katie guides daughters and mothers through topics that include:

Woman In Love - Realizing that our reason for purity isn't a “what” but a “who”.

A Hope That Transforms - Discover how to engage your daughter in a desire to swim against the current in the ocean of the culture of death.

An Image of Beauty - Unpacking the reality that our self-image and how to present ourselves are integral to our relationship with God.

The Heroine - Easy answers to teen's tough questions about sex, love and purity.

The Conversations - Practical steps on how to approach your children regarding topics of sexuality.

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METHODS AND MODELS

The retreat is conducive for an intimate or modest gathering as well as a large event. You can use these materials in any way you choose, however, two versions have been developed for your convenience.

The Full Version gives ample time for the full message of the retreat to be unpacked. All of the DVD content is utilized and there are more interactive activities to drive home the message.

For the full retreat model, mothers and daughters would:

- Check in on Saturday morning
- Enjoy a day of presentation, heart-to-heart talks, and activities
- Mothers would return home in the evening after dinner
- Daughters enjoy a sleepover together
- Sunday morning, mothers return for a closing ceremony

The Short Version is designed specifically to be more easily accessible for busy mothers and teens. It gives a synthesized, yet effective option.

For the short version of the retreat, mothers and daughters:

- Check in on Friday evening
- Enjoy two of Katie Hartfiel's presentations
- Have opportunities in the evening for heart-to-heart talks
- Participate in activities scattered throughout the evening
- Mothers will leave for home Friday night
- Daughters stay for a sleepover
- Saturday morning, mothers return for a closing ceremony

To order materials and bring this wonderful retreat to your parish, home or youth group, please visit www.paradisusdei.org.



ABOUT KATIE HARTFIEL

Katie Hartfiel is a graduate of Franciscan University of Steubenville and is how a speaker for the Steubenville Conferences. She is also the author of the book *Woman in Love*. *Woman In Love* tells the story of Mark and Katie Hartfiel. In their pursuit of the Lord, they found one another. Katie developed The Woman In Love Mother Daughter Retreat during her time as a youth minister in Houston, Texas. The Hartfiels currently live in Houston with thier two daughters. They are both active in ministry and desire nothing more than to bring others close to the Lord.

ABOUT PARADISUS DEI

Founded in 2001, Paradisus Dei helps families discover the superabundance of God within marriage and family life. Current programming serves couples, men and youth in 41 states and five countries. Integrating the teachings of the faith with findings of modern science and the wisdom of the saints, these programs have been independently verified to be profoundly life-transforming. Our goal is to encounter people wherever they are on their spiritual journey and help take them further. Paradisus Dei is an independent, lay Catholic ministry dedicated to marriage and family life. For more information, please visit www.paradisusdei.org.

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